



Essential Physical and Mental Functions of the PTA

The Advisory Board of the PTA program has determined the following abilities to be essential for the performance of the job duties of a PTA. These are meant to reflect the overall practice of a PTA, not the requirements of any one type of a clinical setting.

The PTA Student must be able to demonstrate the ability to:

1. Walk, bend, stand, and reach consistently throughout an 8-10 hour shift.
2. Lift frequently with the proper body mechanics throughout an 8-10 hour day and dead lift 35-50 pounds alone and ASSIST with the management of 150-350 pounds.
3. Complete an 8-10 hour shift including sustained activity of up to 3.5-4 hours at a time.
4. Transfer clients (patients) safely.
5. Guard and assist with ambulation (gait).
6. Assess a client from 10 feet away.
7. Administer physical agents or modalities.
8. Communicate effectively including ability to give and understand directions and replies.
9. Prepare legible and accurate reports, charting, scheduling, correspondence, and presentations.
10. Handle diagnostic or therapeutic equipment including the ability to manipulate objects required in job functions.
11. Push wheeled equipment in the facility and community.
12. Respond to emergencies including the ability to move fast enough to ensure client safety.

The Essential Physical and Mental Functions of the PTA performance standards are encountered and expected of physical therapist assistant students in classroom, lab, and clinical activities. I have read the above and understand the expectations of The Essential Physical and Mental Functions of the PTA in the PTA Program.

Applicant Signature:

Date:

Submit by May 13, 2022, to Jeffrey.Coon@morganc.edu